

## MENTAL HEALTH AWARENESS PROGRAMS

Under the guidance of Dr. N.Nageswara Rao MD ,Professor and HOD, Department of Psychiatry, SVRRGGH,

### 1. World Suicide Prevention Day – 10<sup>th</sup> September 2021

Theme – **“CREATING HOPE THROUGH ACTION”**

There is an alternative to suicide and aims to inspire confidence and light in all of us; through our actions, no matter how big or small, may provide hope to those who are struggling and everyone of us can make a difference in their darkest moments.

On 9<sup>th</sup> September – SVMC department of psychiatry had conducted the following program to create awareness on suicide

- a) Blitz presentation for UGs and PGs on mental health
- b) Audio-visual on suicide awareness and prevention









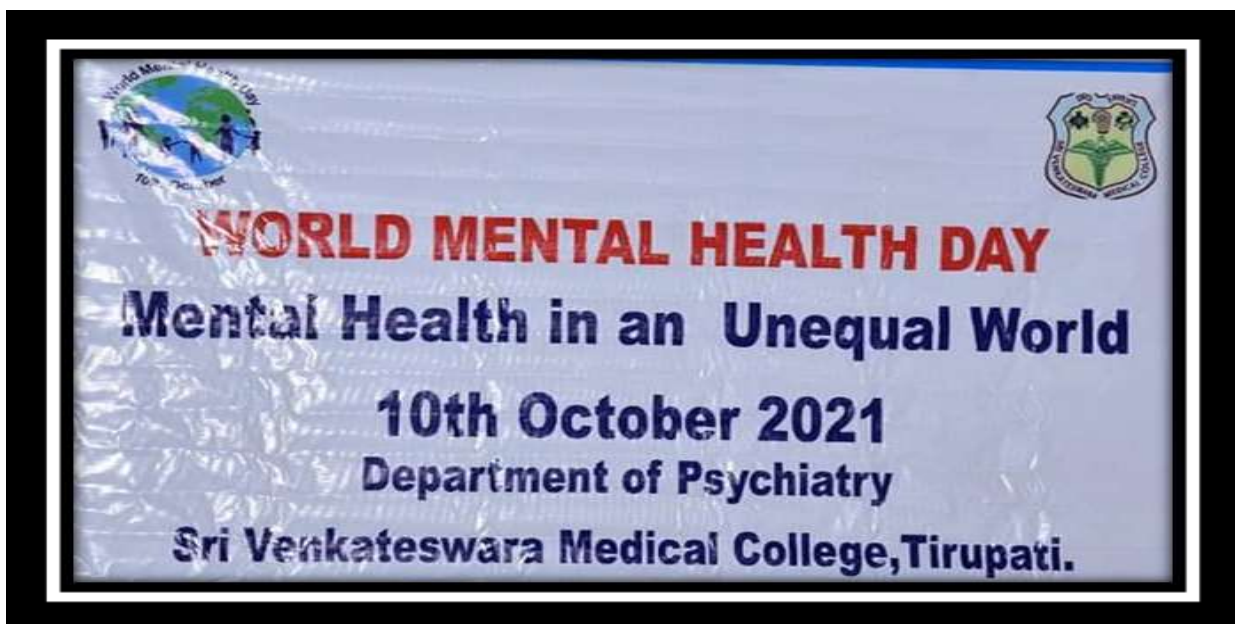






### **3. WORLD MENTAL HEALTH DAY- 2021**

It aimed at raising awareness and spreading education about mental health issues.



Program conducted on 8<sup>th</sup> october at SVMC auditorium by Department of Psychiatry are as follows:

1. UG quiz – conducted by DR. P RAMYA KEERTHI,  
ASSISTANT PROFESSOR

It helped UGz to understand the importance of mental health

2. E-poster presentation by Undergraduates,

Prizes were awarded for best E-Poster and quiz winners to encourage them

3. Short film on Social phobia and substance use by Postgraduates









# ప్రపంచ మానసిక దినోత్సవం



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### **3. WORLD MENTAL HEALTH AWARENESS WEEK**

An awareness program on **Adolescent mental health and substance use disorders in adolescents** conducted at SV Junior college on October 6<sup>th</sup> 2021.

Deaddiction medical officer- Dr Manasa;

Counsellors - Mukunda Naidu, Murali,Ramanaiah; Other staff of SVRRGGH,had participated. Speech about the adolescent mental health issues and the reasons which lead to substance use disorders at early age and also addressed about other addictions. We created awareness on mental illnesses and the treatment facilities available at SVRRGGH ,psychiatry department.



On the occasion of world mental health day **III Additional Junior Civil Judge Smt SPD Vennela** visited Department of psychiatry SVRRGGH Tirupati and talked to all the patients in the ward, and gave a speech on mental health as to live with the self confident and to identify and bring out the talents of mentally ill patients and also appreciated doctors for their work in this covid pandemic.



